

CPR for the Professional Rescuer/AED

Course Content: Meets requirements for EMTs, Lifeguards, Nurses or a First Responder w/Duty to Act.

Fee: \$60

Certificate: CPR/AED for the Professional Rescuer (valid 1 yr.)

July 16	Wed.	9:00 am - 5:00 pm
Aug. 14	Thur.	9:00 am - 5:00 pm

California Child Care (AIC CPR+CCCFA)

Course Content: Meets California childcare guidelines for the professional childcare provider.

Certificates: Adult, Infant, Child CPR (valid 1 yr.)

CA Child Care First Aid (valid 2 yrs.) **Fee: \$65**

July 5	Sat.	7:30 am - 4:00 pm
July 12	Sat.	7:30 am - 4:00 pm (SP)
July 26	Sat.	7:30 am - 4:00 pm
July 26	Sat.	7:30 am - 4:00 pm (SP)
Aug. 9	Sat.	7:30 am - 4:00 pm
Aug. 9	Sat.	7:30 am - 4:00 pm (SP)
Aug. 23	Sat.	7:30 am - 4:00 pm (SP)
Aug. 30	Sat.	7:30 am - 4:00 pm
Sept. 6	Sat.	7:30 am - 4:00 pm (SP)
Sept. 13	Sat.	7:30 am - 4:00 pm
Sept. 20	Sat.	7:30 am - 4:00 pm (SP)
Sept. 27	Sat.	7:30 am - 4:00 pm

CA Child Care (Preventative Health & Safety)

Call for course details. **Fee: \$60**

Aug. 18, 19	Mon./Tues.	5:30 - 9:00 pm
Aug. 16	Saturday	8:00 am - 3:30 pm (SP)

Lay Responder First Aid and CPR/AED Instructor Course

Call for course details. **Fee: \$150**

July 22, 29	Tuesday	9:00 am - 5:00 pm
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Go to www.redcross.org/store to purchase First Aid Kits, Emergency Preparedness Kits and other Red Cross products to help keep you and your loved ones healthy and safe.

Santa Barbara County Chapter
3030 Skyway Drive
Santa Maria, CA, 93455

Safety & Preparedness

COURSE SCHEDULE

July - August 2008

Santa Barbara County Chapter

3030 Skyway Drive
Santa Maria, CA, 93455

Phone: (805) 928-0778

Fax: (805) 928-0801

Pre-Registration Required

www.sbredcross.org

Standard First Aid with Adult CPR & First Aid

Course Content: Meets many companies' Cal/OSHA requirements. This comprehensive course trains individuals to prevent, prepare for and respond to any type of workplace emergency. Participants will learn and practice adult CPR, rescue breathing, choking rescue, use of an automated external defibrillator (AED) and the following First Aid skills: bleeding control, treatment of burns, fractures, sprains, strains, seizures, poisoning, heat and cold emergencies.

(Sp = Spanish)

Length: 6.5 hours **Fee: \$55**

Certificates: *Adult CPR* (valid 1 yr.)

Standard First Aid (valid 3 yrs.)

July 8	Tues.	8:30 am - 3:30 pm
July 23, 24	Wed./Thurs.	5:30 - 10:00 pm 5:30 - 7:30 pm
July 29	Tues.	8:30 am - 3:30 pm
Aug. 5	Tues.	8:30 am - 3:30 pm
Aug. 20, 21	Wed./Thurs.	5:30 am - 10:00 pm 5:30 - 7:30 pm
Aug. 26	Tues.	8:30 am - 3:30 pm
Sept. 9	Tues.	8:30 am - 3:30 pm
Sept. 17, 18	Wed./Thurs.	5:30 - 10:00 pm 5:30 - 7:30 pm
Sept. 30	Tues.	8:30 am - 3:30 pm

Adult, Child, Infant CPR & First Aid

Course Content: This is our most comprehensive First Aid and CPR course for the general public. It covers recognizing and caring for breathing and cardiac emergencies for adults, children and infants; and identifying and caring for life-threatening bleeding, sudden illness and injuries. (Sp = Spanish)

Length: 9 hours **Fee: \$60**

Certificates: *Adult, Child & Infant CPR* (valid 1 yr.)
Standard First Aid (valid 3 yrs.)

July 5	Sat.	9:00 am - 5:00 pm
July 14, 17	Mon./Thurs.	5:30 - 9:30 pm
Aug. 2	Sat.	9:00 am - 5:00 pm
Aug. 11, 14	Mon./Thurs.	5:30 - 9:30 pm
Sept. 6	Sat.	9:00 am - 5:00 pm
Sept 22, 25	Mon./Thurs.	5:30 - 9:30 pm

Standard First Aid

Course Content: This course is useful for those seeking First Aid training that **does not include CPR.**

It covers bleeding control, treatment of burns, fractures, strains, sprains, seizures, shock, heat and cold emergencies, and poisoning. (Sp = Spanish)

Length: 4 hours **Fee: \$40**

Certificate: *First Aid* (valid 3 yrs.)

July 3	Thurs.	5:30 - 9:30 pm
Aug. 7	Thurs.	5:30 - 9:30 pm
Sept. 4	Thurs.	5:30 - 9:30 pm

Adult CPR with AED

Course Content: Intended to prepare individuals to provide care for breathing and cardiac emergencies including performing Adult CPR and safely using an Automated External Defibrillator (AED) for victims of sudden cardiac arrest. (Sp = Spanish)

Length: 4.25 hours **Fee: \$45**

Certificate: *Adult CPR/AED* (valid 1 yr.)

July 8	Tues.	8:30 am - 1:00 pm
July 23	Wed.	5:30 - 10:00 pm
July 29	Tues.	8:30 am - 1:00 pm
Aug. 5	Tues.	8:30 am - 1:00 pm
Aug. 20	Wed.	5:30 - 10:00 pm
Aug. 26	Tues.	8:30 am - 1:00 pm
Sept. 9	Tues.	8:30 am - 1:00 pm
Sept. 17	Wed.	5:30 - 10:00 pm
Sept. 30	Tues.	8:30 am - 1:00 pm

Adult, Child, Infant CPR

Course Content: Adult, Child, and Infant CPR; rescue breathing, choking rescue, accessing Emergency Medical Services (EMS), and basic home safety. (Sp = Spanish)

First Aid is not a part of this class.

Length: 6 hours **Fee: \$55**

Certificate: *Adult, Child, Infant CPR* (valid 1 yr.)

July 5	Sat.	9:00 am - 3:00 pm
Aug. 2	Sat.	9:00 am - 3:00 pm
Sept. 6	Sat.	9:00 am - 3:00 pm